Masala Kale Chips

Prep: 10 minutes • Cook: 30 minutes

Crispy oven-baked kale chips seasoned with warm garam masala, savory nutritional yeast, garlic, and sea salt for a fragrant, satisfying crunch.

Ingredients

- 1 medium-sized bunch (5 cups) kale (loosely packed)
- 1 tbsp olive oil
- 1 tsp garam masala
- 1 tbsp nutritional yeast
- 1/2 tsp garlic powder
- 1/2 tsp sea salt

Instructions

- 1. Preheat oven to 300°F.
- 2. Wash and completely dry the kale.
- 3. Remove the leaves from the stems, then tear the leaves into chip-size pieces.
- 4. Place kale, olive oil, and spices into a bowl.
- 5. Massage the oil and spices into the kale for a couple of minutes.
- 6. Scatter kale in one even layer on a baking sheet.
- 7. Bake for 15–20 minutes, then rotate the kale in the pan.
- 8. Bake for another 10–15 minutes, until crisp.
- 9. Remove the pan from the oven and set aside for 5 minutes before serving.

Tags: Vegan, Gluten Free, Nut Free, Snack, Kale, Indian-Inspired