Beginner's Sourdough Bread (No-Knead, Dutch Oven)

Prep: About 1.5–2 hours active; 18–24 hours total including fermentation

A simple, naturally leavened artisan loaf with a tender, open crumb and crisp, crackly crust—perfect for first-time sourdough bakers seeking reliable results.

Ingredients

- · all-purpose flour
- water (warm)
- active sourdough starter (active and bubbly)
- salt

Instructions

- 1. Feed your sourdough starter 4–12 hours before mixing, ensuring it's active, bubbly, and passes the float test.
- 2. In a large bowl, combine warm water, active starter, salt, and all-purpose flour; mix by hand or with a spoon until a shaggy dough forms.
- 3. Cover and rest 30 minutes to hydrate the flour (autolyse).
- 4. Perform one round of stretch and fold: lift and stretch the edge of the dough up and over to the center; rotate the bowl a quarter turn and repeat until you've done four folds total.
- 5. Cover and complete two additional rounds of stretch and folds, 30 minutes apart.
- 6. Cover the bowl and bulk ferment in a warm place until doubled in size, about 6–12 hours depending on room temperature and starter strength (avoid over-fermenting).
- 7. Lightly flour the work surface; gently turn out the dough. Fold it onto itself, roll up, and shape into a taut ball by pulling it gently toward you on the counter.
- 8. Optional: Rest the shaped ball 15–20 minutes uncovered to allow a light skin to form for easier handling later.
- 9. For final shaping, place the dough smooth side down; fold two opposite sides to the center and pinch, then repeat with the other two sides to build surface tension.
- 10. Place the dough seam side up into a well-floured banneton or a towel-lined bowl.
- 11. Cover (plastic wrap or place in a bag) and cold-proof 12–15 hours in the refrigerator, or proof at room temperature 3–4 hours.
- 12. When ready to bake, preheat a Dutch oven; invert dough onto parchment, score the top (one expansion score plus optional decorative scores), and bake in the preheated Dutch oven. If not using a Dutch oven, create steam by misting the loaf and placing a pan of water on the oven's lower rack.

Tags: Sourdough, Bread, Beginner Friendly, No Knead, Artisan	n, Dutch	Oven
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